Simposio di Biomedicina spaziale

ASI, Roma , 15-16 Marzo 2023

ASTRO-QCT: un apparato CT ad imaging spettrale per lo studio in tempo reale della perdita di densità ossea negli astronauti durante il volo spaziale

Laura Antonia Cerbone^{1,2,3}, Paolo Russo^{2,3}

- (1) Scuola Superiore Meridionale
- (2) Univ. Napoli Federico II
- (3) INFN sez. di Napoli







5 Hazards of Human Spaceflight

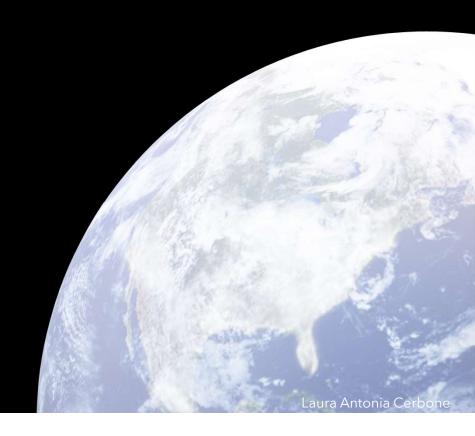
- Radiation
- Isolation and confinement
- Distance from Earth
- Gravity (or lack thereof)
- Hostile/closed environments

Microgravity leads to skeletal deconditioning; thus, **bone** mass is reduced, especially at weight-bearing sites.

Average bone loss is 0.1 % per month for upper limbs and 0.8 % per month for lower limbs relative to pre-flight values.

Bone Mass Density (BMD) is a biophysical parameter to assess bone quality.

From this parameter, the diagnosis of osteoporosis is made.



Lifetime Surveillance of Astronaut Health (LSAH)

Dual X-Ray Absorptiometry (DXA)

Before and after the flight and every 3 years after the mission

Biochemical analyses of blood and urine to Look for bone formation/resorption markers.

2

3 Advanced Resistive Excercise Device (ARED)

Balanced Diet, vitamin D supplements, bisphosphonate (to restore the calcium balance)

4

Dual X-Ray Absorptiometry (DXA)

Golden standard for measuring the bone mineral density (BMD) in **osteoporosis** patients.

By performing two acquisitions at different energies, the attenuation coefficient and, thus, the material density can be derived.

Analyzed Hip
anatomical Lumbar spine
compartments Femoral neck



High-Resolution peripheral quantitative CT (HR-pQCT)

Capable of resolving the micrometric trabecular structure of bones ($\approx 50 \ \mu m$). It measures the bone density and quantifies the 3D microarchitecture of the bone at the distal tibia and radius.

Commercially available HR-pQCT

- Isotropic spatial resolution ≈ 60 µm
- Cone beam (scan time 2-4 minutes)
- Dual Energy
- 4 μSv effective dose to the patient per scan
 (9 mm scan length, 12 cm FOV)
- Weight ≈ 600 kg
- Footprint 1 m³

ESA used this scanner within the Early Detection of Osteoporosis is Space (EDOS) program; it allows one to observe bones' microarchitecture and characterizes its changes due to microgravity.

**Image credits: SCANCO medical (https://www.scanco.ch/xtremectii.html)

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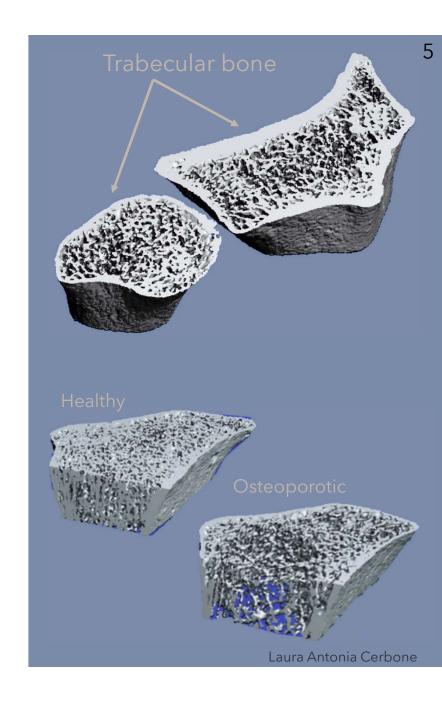
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A compact micro-CT system with spectral capabilities (Timepix4 hybrid pixel detectors) for assessing bone density loss in astronauts while onboard the International Space Station.

This device could be used within the **LSAH program (NASA) to perform monthly scans** during flights, assess bone density loss in real-time, and better comprehend this phenomenon.

Photon counting detectors (Timepix4)

- High granularity (55 µm x 55 µm pixels)
- Spectral imaging (distinguish bone from soft tissue)
- **Lower dose** than energy integrating CT (30% 60% reduction)

High spatial resolution

- A spatial resolution below 40 μm
- A 3D-printed personalized holder should be used to avoid body movements.

Peripheral anatomical compartments

- Compact device
- Lower dose

Cone beam

- Short acquisition time
- Lower dose



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Timepix4 ASIC Hybrid pixel detector readout ASIC

<u>Timepix4 ASIC (448 x 512 square pixels, 0.055 mm pitch).</u>

1 mm or 2 mm thick CdTe sensor (sensitive area of 6.93 cm²).

4 side buttable (TSV connections)

Spectral imaging and particle tracking

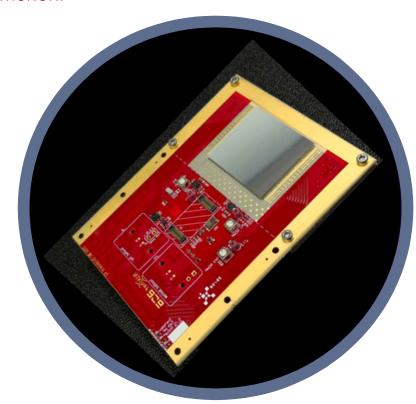
Time Resolution ≈ 200 ps

Energy resolution < 1 keV









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This device could be used within the LSAH program (NASA) to perform monthly scans during flights, assess bone density loss in real-time, and better comprehend this phenomenon. 24 cm 13 cm Timepix4 hybrid 60 cm pixel detector Microfocus 8 cm X-ray tube (cone beam) **Operating at** 60-70 kVp Motorized rotation stage 16 cm Simposio di Biomed<mark>icina</mark> spaziale - Roma, 16 Marzo 2023 Laura Antonia Cerbone

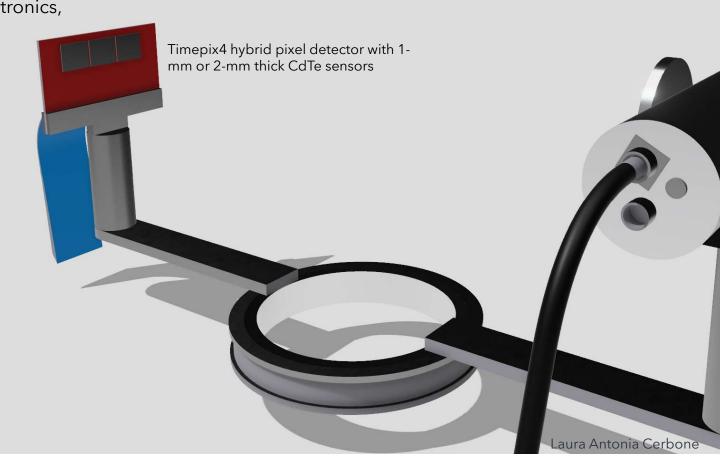
The device's overall weight is expected to be under 40 kg.

A footprint of 0,11 m³ should be considered for the device itself, with an additional 0.04 m³ for the electronics, the power supply, and the controllers.

Acquisition time should be 3-5 mins.

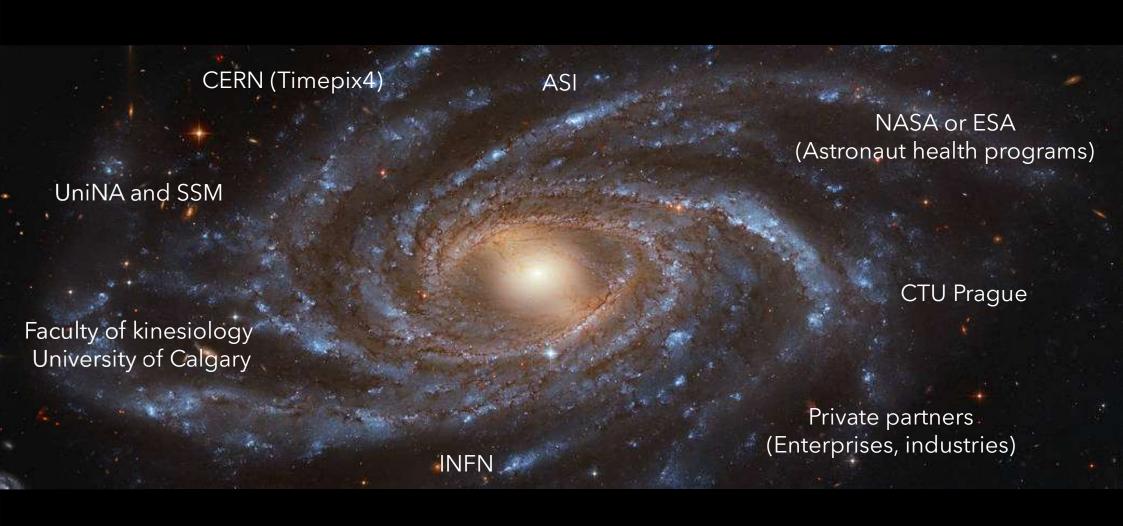
Depending on the magnification factor, it could potentially reach a **spatial** resolution below 40 μ m.

Depending on the imaging task, the **effective dose** is expected to be Of the order of $10 \, \mu Sv$ (under assessment via Monte Carlo simulations)



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Potential partners



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Thank you for your attention

Laura Antonia Cerbone <u>cerbone@na.infn.it</u> lauraantonia.cerbone-ssm@unina.it







