



Human factors in aerospace: why and how to measure them

Prof. Fabio Babiloni

Dept. Molecular Medicine, Univ. Sapienza, Rome, Italy CSO of BrainSigns, Rome, Italy

Mindtooth project has received funding from the European Union's Horizon 2020 research and innovation programme



What are the human factors (HF) ?



Why it is so important to measure HF

- Over **1.2 million people die each year on the world's roads**, with millions more sustaining serious injuries and living with long-term adverse health consequences. **Human error is the main cause** of the 57 % of road accidents and a contributing factor in over 90 % of them.
- More than 70% of aviation accidents are due to human errors, most of them caused by pilots' overload or mental status impairment.
- Medical errors cause high people mortality, about 100.000 people per year. Furthermore, about the 10 % oh hospitalized patients experienced complications on their treatments due to medical mistakes.

The Human Factor is the most important but the less controllable factor in operational environments.

(Boeing Report, 2011), (Feyer and Williamson, 2011), (WHO Report, 2015)





Why it is so important to measure HF in space?

- It has been suggested that variation of gravity from 1g generated temporary diminution of decision-making capabilities in astronauts.
- Distribution of fluids impairs the regular cerebral rhythms in EEG on astronauts.
- For long term missions while the psychologic tests have been already attempted in the field, trainers still waiting a device able to measure objectively such human factors in real time.









How to measure HF: to use cognitive neuroscience and beyond state of the art devices



Neurophysiological metrics of Human Factor Components

NEUROMETRICS Indexes based on neurophysiological signals



How to do that in real environments: the two needed advancements

- 1) To realize portable and easy-to-use cerebral measurements devices to be used during training without interfere with normal practices
- 2) To measure efficiently and in a scientific way the main neuro-metrics associated with relevant mental states (e.g. stress, mental workload, etc).





With whom the research have been made: science and technologies have been developed with different aeronautic partners along a decade



What We Achieved So Far

Methodologies for:

- Training assessment
- Skill level (S-R-K model) assessment
- Mental states evaluation
- Systems testing and comparison
- Cooperation between brains (CRM\TRM)
- Adaptive Automations

Tested ON:

- <u>Professional a\c commercial and military pilots</u> (total sample size 45 users)
- <u>Professional helicopters military pilots</u> (total sample size 5 users)
- <u>ATCOs professional and students</u> (more than 100 users)
- <u>Car drivers</u> (total sample size 70 users)
- <u>Surgeons</u> (total sample size 30 users)
- <u>Sky Divers</u>
 (total sample size 12 users)



More than 60 publications since 2009, an European Patent for the mental workload evaluation and several international awards

The estimates of neuro-metrics in airplane pilots or Air Traffic Controllers



Reading the mental fatigue in air traffic controllers at work





Credits: EU project STRESS - DeepBlue, Sapienza, Enac, 2018

ATCO's Stress Assessment





16 Studenti ATC 60-min Scenario ATM realistico 2 Subject Matter Experts (SMEs) 2 Pseudo-Piloti Dati Neurofisiologici (EEG, ECG, GSR) Self-report (Ogni 5 minuti)



(Borghini et al., 2020, Nat Scient Rep)



Example: ATM Case Study



ATC Experts

MINDTOOTH project: Pilot experiment URBE

Collaboration with UrbeAero for the design and validation of an EEG headset specific for Aviation contexts within the MINDTOOTH project (GA 950998) Mindtooth

beaero

Workload index correlation during workload scenario for expert and novice pilots



 The workload neurometric is correlated with behavioural index assessed by the trainers

Estimation of stress induced by dangerous situation in a pilot during airflight simulation



The extension of neurometrics to space flights is then straightforward (Virgin Galactic flight in May 2023)



CAN I OBJECTIVELY ASSESS THE LEVEL OF MENTAL FATIGUE OF THIS SURGEON?



CAN I SYNTHETICALLY MEASURE THE LEVEL OF JOINT ATTENTION OF THIS TEAM?

HOW?

The measuring of team cooperation





Assessing in real time the mind states of astronauts and their degree of cooperation by neurometrics measurements









Cooperation index correlation estimated during pilot's training



5,5

CRFW

The measuring of team cooperation

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The measuring of team cooperation



Team's Human Factors assessment in real time from remote



Cooperation estimation: a use case during a simulated emergency landing



The question is therefore not whether, but rather **when** and **how**, neuroscience will **shape our future.** (Martha J. Farah, TRENDS in Cognitive Sciences Vol.9 No.1 January 2005)

Thank you for your attention!

Prof. Fabio Babiloni Dept. Molecular Medicine University of Rome Sapienza Scientific Director of BrainSigns srl Email: Fabio.babiloni@uniroma1.it



